

**Prayer Book**  
*of the*  
**Carmelite Sisters**  
*of the*  
**Divine Heart of Jesus**



2018



### **God, We Thank You**

God, we thank You for our Blessed Maria Teresa of St. Joseph, through whom You called into being our Carmel of the Divine Heart of Jesus. She is for all of us a model of deep faith, unshakeable trust in God, and generous surrender to Your holy Will. Grant that we may understand the mystery of her life more deeply and, like her, live in profound trust in You. By her example, help us to recognize and relieve the needs of our brothers and sisters. Fulfill her longing to be an ever active source of blessing, and maintain the work which You have begun through her.

Grant us, through her intercession, an apostolic zeal by which to do everything in our power, even today, to help spread the faith and reconcile the world to You. We ask this through Christ our Lord. Amen.

Most Sacred Heart of Jesus, **we trust in You.**  
Blessed Maria Teresa, **pray for us.**

### **Daily Prayer of Dear Mother**

O Lord, I vow to You  
Poverty, Chastity, and Obedience;  
to devote myself to the salvation of souls;  
to complete annihilation of self;  
to perfect conformity to Your holy Will;  
to strive to reach the highest love of God  
and neighbor.

O Lord, through this chain of love, let me be forever chained to Your Sacred Heart, and in this life let me be a child of my heavenly Mother. Amen.

## Cor Dulce



1. Cor dul - ce, Cor a - má - bi - le,
2. Vin - dex re - is i - rá - sci - tur
3. Gran - di re - clú - sum vúl - ne - re
4. Quos ab - lu - í - sti sán - gui - ne
5. Je - su, Pa - tris cor ú - ni - cum,



A - mó - re no - stri sáu - ci - um,  
De - us, sed, ut te ré - spi - cit,  
A - mor de - dit te pér - vi - um,  
Ve - nis a - pér - tis óm - ni - bus,  
Pu - ris a - mí - cum mén - ti - bus,



A - mó - re no - stri lán - gui - dum,  
Pla - cá - tus i - ras áb - ji - cit,  
A - mor re - clú - sit ó - sti - um,  
Nos ín - ti - mis re - cés - si - bus,  
Pu - ris a - mán - dum cór - di - bus,



Fac sis mi - hi pla - cá - bi - le.  
Et ful - men ob - li - ví - sci - tur.  
Hor - tá - tur et per - vá - de - re.  
Se - mel re - cé - ptos cón - ti - ne.  
In cor - de re - gnes óm - ni - um.

O sweet and loving Heart of Christ,  
Whose Heart for love was wounded sore,  
O Heart all languishing with love,  
Make my heart love You more and more.

On sinful man God's anger rests;  
On You He turns His longing eyes.  
Appeased He quells His rightful wrath,  
And all forgot His vengeance lies.

'Twas love that opened Your sweet side,  
From whence the mighty wound yawns wide.

'Tis love this haven has secured  
And beckons us within abide.

Your Blood poured forth in cleansing floods  
From every sacred vein and pore,  
O hide us deep within Your Heart  
To rest there now and evermore.

O Heart with God the Father one,  
Dear to the clean and pure of mind,  
Beloved by all the pure of heart,  
Reign with Your love o'er all mankind.

Amen.

### **Litany of the Sacred Heart**

Lord, have mercy on us.

**Christ, have mercy on us.**

Lord, have mercy on us. Christ, hear us.

**Christ, graciously hear us.**

God the Father of heaven, **have mercy on us.**

God the Son, Redeemer of the world,

God the Holy Spirit,

Holy Trinity, one God,

Heart of Jesus, Son of the eternal Father,

**have mercy on us.**

Heart of Jesus, formed by the Holy Spirit in the womb of  
the Virgin Mother,

Heart of Jesus, substantially united to the Word of God,

Heart of Jesus, of infinite majesty,

Heart of Jesus, sacred temple of God,

Heart of Jesus, tabernacle of the Most High,

Heart of Jesus, house of God and gate of heaven,

Heart of Jesus, burning furnace of charity,

Heart of Jesus, abode of justice and love,

Heart of Jesus, full of goodness and love,

Heart of Jesus, abyss of all virtues,

Heart of Jesus, most worthy of all praise,

Heart of Jesus, king and center of all hearts,

Heart of Jesus, in Whom are all the treasures of wisdom  
and knowledge,

Heart of Jesus, in Whom dwells the fullness of divinity,

Heart of Jesus, in Whom the Father was well pleased,

Heart of Jesus, of whose fullness we have all received,

Heart of Jesus, desire of the everlasting hills,

Heart of Jesus, patient and most merciful,

Heart of Jesus, enriching all who invoke You,

Heart of Jesus, fountain of life and holiness,  
Heart of Jesus, propitiation for our sins,  
Heart of Jesus, loaded down with opprobrium,  
Heart of Jesus, bruised for our offenses,  
Heart of Jesus, obedient unto death,  
Heart of Jesus, pierced with a lance,  
Heart of Jesus, source of all consolation,  
Heart of Jesus, our life and resurrection,  
Heart of Jesus, our peace and reconciliation,  
Heart of Jesus, victim for sin,  
Heart of Jesus, salvation of those who trust in You,  
Heart of Jesus, hope of those who die in You,  
Heart of Jesus, delight of all the saints,

Lamb of God, You take away the sins of the world,  
**spare us, O Lord.**

Lamb of God, You take away the sins of the world,  
**graciously hear us, O Lord.**

Lamb of God, You take away the sins of the world,  
**have mercy on us.**

Jesus, meek and humble of heart,  
**make our hearts like unto Yours.**

Let us pray:

O almighty and eternal God, look upon the Heart of  
Your dearly beloved Son, and upon the praise and  
satisfaction He offers You in the name of sinners and for  
those who seek Your mercy; be appeased and grant us  
pardon in the name of the same Jesus Christ, Your Son,  
Who lives and reigns with You, in the unity of the Holy  
Spirit, God, world without end. Amen.

### **Angelus**

The angel of the Lord declared unto Mary,  
**and she conceived of the Holy Spirit.**

Hail Mary...

Behold the handmaid of the Lord;  
**be it done unto me according to thy word.**

Hail Mary...

And the Word was made flesh  
**and dwelt among us.**

Hail Mary...

Pray for us, O holy Mother of God,  
**that we may be made worthy of the promises  
of Christ.**

Let us pray:

Pour forth, we beseech Thee, O Lord, Thy grace into  
our hearts, that we, to whom the Incarnation of Christ  
Thy Son was made known by the message of an angel,  
may by His passion and cross, be brought to the glory of  
His Resurrection, through the same Christ our Lord.  
Amen.



## **Regina Cæli**

*during the Easter Season*

O Queen of heaven, rejoice, alleluia.  
For He Whom thou did merit to bear, alleluia.  
Has risen, as He said, alleluia.  
Pray for us to God, alleluia.

Rejoice and be glad, O Virgin Mary, alleluia.

**For the Lord is truly risen, alleluia.**

Let us pray:

O God, Who through the Resurrection of Thy Son,  
our Lord Jesus Christ, vouchsafed to give joy to the  
world; grant, we beseech Thee, that through His Mother,  
the Virgin Mary, we may obtain the joys of everlasting  
life. Through the same Christ our Lord. Amen.

## **Prayer for Those in Their Agony**

O most merciful Jesus, lover of souls, I pray You by the  
agony of Your most Sacred Heart and the sorrows of  
Your Immaculate Mother, wash in Your blood the  
sinners of the whole world who are in their agony and are  
to die this day. Amen.

Heart of Jesus, once in agony,  
**have pity on the dying.**

### Sequence of Pentecost

Come, Thou Holy Spirit, come,  
and from Thy celestial home  
shed a ray of light divine.

Come, Thou Father of the poor,  
come, Thou source of all our store,  
come, within our bosoms shine.

Thou of Comforters the best,  
Thou the soul's most welcome guest,  
sweet refreshment here below.

In our labor rest most sweet,  
grateful coolness in the heat,  
solace in the midst of woe.

O most blessed Light divine,  
shine within these hearts of Thine,  
and our inmost being fill.

Where Thou art not, man hath nought,  
nothing good in deed or thought,  
nothing free from taint of ill.

Heal our wounds, our strength renew,  
on our dryness pour Thy dew,  
wash the stains of guilt away.

Bend the stubborn heart and will,  
melt the frozen, warm the chill,  
guide the steps that go astray.

On Thy faithful who adore,  
and confess Thee evermore,  
in Thy sevenfold gifts descend.

Give them virtue's sure reward,  
give them Thy salvation, Lord,  
give them joys that never end.

Amen. [Alleluia.]

### **Come Holy Spirit**

Come, Holy Spirit, fill the hearts of Your faithful, and  
enkindle in them the fire of Your love.

Send forth Your spirit, and they shall be created,  
**and You shall renew the face of the earth.**

Let us pray:

O God, Who did instruct the hearts of the faithful by  
the light of the Holy Spirit, grant that by the same Spirit  
we may be truly wise and ever rejoice in His consolation.  
Through Christ our Lord. Amen.

### **Anima Christi**

Soul of Christ, sanctify me;  
Body of Christ, save me;  
Blood of Christ, inebriate me;  
Water from the side of Christ, wash me;  
Passion of Christ, strengthen me;  
O good Jesus, hear me;  
Within Thy wounds hide me;  
Suffer me not to be separated from Thee.  
From the malignant enemy defend me;  
In the hour of my death, call me,  
And bid me come to Thee,  
That, with Thy saints, I may praise Thee  
Forever and ever. Amen.

Anima Christi, sanctífica me.  
Corpus Christi, salva me.  
Sanguis Christi, inébria me.  
Aqua láteris Christi, lava me.  
Passio Christi, confórta me.  
O bone Jesu, exáudi me.  
Intra tua vúlnera abscónde me.  
Ne permíttas me separári a te.  
Ab hoste malígno defénde me.  
In hora mortis meæ voca me.  
Et jube me veníre ad te,  
Ut cum Sanctis tuis laudem te  
In sæcula sæculórum. Amen.

### **O God, our refuge and our strength**

O God, our refuge and our strength, look down in mercy on Your people who cry to You, and by the intercession of the glorious and Immaculate Virgin Mary, Mother of God, of blessed Joseph her spouse, of Your blessed apostles Peter and Paul, and all the saints, in mercy and goodness hear the prayers which we pour forth for the conversion of sinners and for the liberty and exaltation of holy Mother Church. Through the same Christ our Lord. Amen.

### **Prayer to St. Michael the Archangel**

St. Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O prince of the heavenly host, by the power of God, thrust into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

Our Father...

Hail Mary...

Most Sacred Heart of Jesus,  
**have mercy on us. (3x)**

*The above prayers "are said in common for:  
the silent, persecuted Church,  
the entire Carmel of the Divine Heart of Jesus,  
all personal and community intentions,  
all intentions recommended to our prayers."*

*(Directory 11G)*

### **Eternal Father**

Eternal Father, I offer You the Sacred Heart of Jesus,  
with all its love, all its sufferings and all its merits, to  
expiate all the sins I have committed this day and during  
all my life.

Glory be...

Eternal Father, I offer You the Sacred Heart of Jesus,  
with all its love, all its sufferings and all its merits, to  
purify the good I have done poorly this day and during all  
my life.

Glory be...

Eternal Father, I offer You the Sacred Heart of Jesus,  
with all its love, all its sufferings and all its merits, to  
supply for the good I ought to have done and that I have  
neglected this day and during all my life.

Glory be...

### **Litany of the Blessed Virgin Mary**

Lord, have mercy on us.

**Christ, have mercy on us.**

Lord, have mercy on us. Christ, hear us.

**Christ, graciously hear us.**

God the Father of heaven, **have mercy on us.**

God the Son, Redeemer of the world,

God the Holy Spirit,

Holy Trinity, one God,

Holy Mary, **pray for us.**

Holy Mother of God,

Holy Virgin of virgins,

Mother of Christ,

Mother of the Church,

Mother of divine grace,

Mother most pure,

Mother most chaste,

Mother inviolate,

Mother undefiled,

Mother most amiable,

Mother most admirable,

Mother of good counsel,

Mother of our Creator,

Mother of our Savior,

Virgin most prudent,

Virgin most venerable,

Virgin most renowned,

Virgin most powerful,

Virgin most merciful,

Virgin most faithful,

Mirror of justice,

Seat of wisdom,

Cause of our joy,  
 Spiritual vessel,  
 Vessel of honor,  
 Singular vessel of devotion,  
 Mystical rose,  
 Tower of David,  
 Tower of ivory,  
 House of gold,  
 Ark of the covenant,  
 Gate of heaven,  
 Morning star,  
 Health of the sick,  
 Refuge of sinners,  
 Comforter of the afflicted,  
 Help of Christians,  
 Queen of angels,  
 Queen of patriarchs,  
 Queen of prophets,  
 Queen of apostles,  
 Queen of martyrs,  
 Queen of confessors,  
 Queen of virgins,  
 Queen of all saints,  
 Queen conceived without original sin,  
 Queen assumed into heaven,  
 Queen of Carmel,  
 Queen of the most holy Rosary,  
 Queen of families,  
 Queen of peace,  
 Lamb of God, You take away the sins of the world,  
     **spare us, O Lord.**  
 Lamb of God, You take away the sins of the world,  
     **graciously hear us, O Lord.**



Lamb of God, You take away the sins of the world,  
**have mercy on us.**

Pray for us, O holy Mother of God,  
**that we may be made worthy of the promises of  
Christ.**

Let us pray:

Grant, we beseech You, O Lord, that we Your  
servants may rejoice in continual health of mind and  
body, and by the glorious intercession of blessed Mary  
ever Virgin, be delivered from present sorrow and enter  
into the joy of eternal happiness. Through Christ our  
Lord. Amen.

### **Litany of St. Joseph**

Lord, have mercy on us.

**Christ, have mercy on us.**

Lord, have mercy on us. Christ, hear us.

**Christ, graciously hear us.**

God the Father of heaven, **have mercy on us.**

God the Son, Redeemer of the world,

God the Holy Spirit,

Holy Trinity, one God,

Holy Mary, **pray for us.**

St. Joseph,

Renowned offspring of David,

Light of patriarchs,

Spouse of the Mother of God,

Chaste guardian of the Virgin,

Foster-father of the Son of God,

Diligent protector of Christ,

Head of the Holy Family,

Joseph most just,

Joseph most chaste,

Joseph most prudent,

Joseph most strong,

Joseph most obedient,

Joseph most faithful,

Mirror of patience,

Lover of poverty,

Model of artisans,

Glory of home life,

Guardian of virgins,

Pillar of families,

Solace of the wretched,

Hope of the sick,

Patron of the dying,  
Terror of demons,  
Protector of Holy Church,

Lamb of God, You take away the sins of the world,  
**spare us, O Lord.**

Lamb of God, You take away the sins of the world,  
**graciously hear us, O Lord.**

Lamb of God, You take away the sins of the world,  
**have mercy on us.**

He made him the lord of His household,  
**and prince over all His possessions.**

Let us pray:

O God, Who in Your ineffable providence  
vouchsafed to choose blessed Joseph to be the spouse of  
Your most holy Mother, grant, we beseech You, that we  
may have for our advocate in heaven him whom we  
venerate as our protector on earth. You Who live and  
reign world without end. Amen.

### **Litany of the Sorrowful Mother**

Lord, have mercy on us.

**Christ, have mercy on us.**

Lord, have mercy on us. Christ, hear us.

**Christ, graciously hear us.**

God the Father of heaven, **have mercy on us.**

God the Son, Redeemer of the world,

God the Holy Spirit,

Holy Trinity, one God,

Holy Mary, conceived without sin, **pray for us.**

Holy Mother of God,

Mother of Christ,

Mother of our Savior crucified,

Mother most sorrowful,

Mother most tearful,

Mother most afflicted,

Mother most lonely,

Mother most desolate,

Mother pierced by the sword of sorrow,

Queen of martyrs,

Comfort of the sorrowful,

Help of the needy,

Protectress of the forsaken,

Support of widows and orphans,

Health of the sick,

Hope of the troubled,

Haven of the shipwrecked,

Refuge of sinners,

Hope of the despairing,

Mother of mercy,

Through your poverty in the stable of Bethlehem,

Through your sorrow at the prophecy of Simeon,

Through your sad flight into Egypt,  
Through your anxiety when seeking your lost Child,  
Through your grief when seeing your divine Son  
persecuted,  
Through your fear and anxiety when Jesus was  
apprehended,  
Through your pain caused by the treason of Judas and  
Peter's denial,  
Through your sad meeting with Jesus on the way of the  
Cross,  
Through the tortures your loving heart suffered at the  
crucifixion of Jesus,  
Through your agony at the death of Jesus,  
Through the sword of sorrow that pierced your heart  
when the side of Jesus was transfixing by the lance,  
Through your lamentations over the dead Body of your  
divine Son lying on your bosom,  
Through your deep mourning at His tomb,  
Through your desolation after the burial of Jesus,  
Through the tears you shed for your beloved Son,  
Through your wonderful resignation to the will of God  
in all your sufferings,  
O Queen of peace,  
In all our tribulations,  
In our illnesses and pains,  
In our sorrows and afflictions,  
In our need and destitution,  
In our fears and dangers,  
In the hour of our death,  
On the day of judgment,  
Lamb of God, You take away the sins of the world,  
**spare us, O Lord.**

Lamb of God, You take away the sins of the world,  
**graciously hear us, O Lord.**

Lamb of God, You take away the sins of the world,  
**have mercy on us.**

Pray for us, O Sorrowful Virgin,  
**that we may be made worthy of the promises of  
Christ.**

Let us pray:

We beseech You, O Lord Jesus Christ, let Your  
Mother, the Blessed Virgin Mary, whose holy soul was  
pierced by a sword of sorrow at the hour of Your  
Passion, implore Your mercy for us, both now and at the  
hour of our death. You Who live and reign world  
without end. Amen.

### **Litany of the Precious Blood**

Lord, have mercy on us.

**Christ, have mercy on us.**

Lord, have mercy on us. Christ, hear us.

**Christ, graciously hear us.**

God the Father of heaven, **have mercy on us.**

God the Son, Redeemer of the world,

God the Holy Spirit,

Holy Trinity, one God,

Blood of Christ, only-begotten Son of the Eternal Father,

**save us.**

Blood of Christ, Incarnate Word of God,

Blood of Christ, of the New and Eternal Testament,

Blood of Christ, falling upon the earth in the Agony,

Blood of Christ, shed profusely in the Scourging,

Blood of Christ, flowing forth in the Crowning

with Thorns,

Blood of Christ, poured out on the Cross,

Blood of Christ, price of our salvation,

Blood of Christ, without which there is no forgiveness,

Blood of Christ, Eucharistic drink and refreshment

of souls,

Blood of Christ, stream of mercy,

Blood of Christ, victor over demons,

Blood of Christ, courage of Martyrs,

Blood of Christ, strength of Confessors,

Blood of Christ, bringing forth Virgins,

Blood of Christ, help of those in peril,

Blood of Christ, relief of the burdened,

Blood of Christ, solace in sorrow,

Blood of Christ, hope of the penitent,

Blood of Christ, consolation of the dying,

Blood of Christ, peace and tenderness of hearts,  
Blood of Christ, pledge of eternal life,  
Blood of Christ, freeing souls from Purgatory,  
Blood of Christ, most worthy of all glory and honor,  
Lamb of God, You take away the sins of the world,  
**spare us, O Lord.**  
Lamb of God, You take away the sins of the world,  
**graciously hear us, O Lord.**  
Lamb of God, You take away the sins of the world,  
**have mercy on us.**

You have redeemed us, O Lord, in Your Blood,  
**and made us for our God a kingdom.**

Let us pray:

Almighty and eternal God, You have appointed Your only-begotten Son the Redeemer of the world, and willed to be appeased by His Blood. Grant, we beg of You, that we may worthily adore this price of our salvation, and through its power be safeguarded from the evils of this present life, so that we may rejoice in its fruits forever in heaven. Through the same Christ our Lord. Amen.



## **Novenas and Triduums**

*“The novenas and triduums are prayed for the intentions of the individual Communities.” (Directory 11G)*

### **Sacred Heart Novena**

*“For the Sacred Heart Novena, on First Fridays, on the Feast of the Sacred Heart of Jesus and during the month of June we say a prayer to the Sacred Heart expressing dedication and atonement.*

*“Cor Dulce is to be sung instead of Salve Regina in the morning during the month of June and during the Novena before First Fridays except when the latter occurs in the Easter week, when we sing the Regina Caeli.”*

*(Directory 11D)*

### **Act of Union with the Divine Heart of Jesus**

Adorers of the Heart of Jesus,

**I unite myself to you.**

Lovers of the Heart of Jesus,

All who make reparation to the Heart of Jesus,

Fervent prayers of the Heart of Jesus,

Eloquent silence of the Heart of Jesus,

Humility of the Heart of Jesus,

Sweetness and peace of the Heart of Jesus,

Ineffable goodness of the Heart of Jesus,

Universal charity of the Heart of Jesus,

Deep recollection of the Heart of Jesus,

Tender solicitude of the Heart of Jesus for the  
conversion of sinners,

Intimate union of the Heart of Jesus with His  
heavenly Father,  
Intentions, desires and will of the Heart of Jesus,  
Love of the Heart of Jesus,  
**inflame my heart.**

Charity of the Heart of Jesus,  
**be shed abroad in my heart.**

Strength of the Heart of Jesus,  
**sustain me.**

Mercy of the Heart of Jesus,  
**pardon my heart.**

Patience of the Heart of Jesus,  
**do not weary of my heart.**

Kingdom of the Heart of Jesus,  
**be established in my heart.**

Science of the Heart of Jesus,  
**teach my heart.**

Will of the Heart of Jesus,  
**dispose of my heart.**

Zeal of the Heart of Jesus,  
**consume my heart.**

Immaculate Virgin,  
**pray to the Heart of Jesus for me.**

### **Act of Atonement to the Sacred Heart of Jesus**

O Sacred Heart of Jesus, humbly prostrate before You, we come to renew our consecration, with the resolution of repairing by an increase of love and fidelity toward You, all the outrages unceasingly offered You. We solemnly promise:

The more Your mysteries are blasphemed,  
**the more firmly we will believe them, O Sacred Heart of Jesus!**

The more impiety endeavors to extinguish our hopes of immortality,  
**the more we will trust in Your Heart, sole hope of mortals!**

The more hearts resist Your Divine attractions,  
**the more we will love You, O infinitely amiable Heart of Jesus!**

The more Your Divinity is attacked,  
**the more we will adore it, O Divine Heart of Jesus!**

The more Your holy laws are forgotten and transgressed,  
**the more we will observe them, O most holy Heart of Jesus!**

The more Your Sacraments are despised and abandoned,  
**the more we will receive them with love and respect, O most liberal Heart of Jesus!**

The more Your adorable virtues are forgotten,  
**the more we will endeavor to practice them, O Heart, model of every virtue!**

The more the devil labors to destroy souls,

**the more we will be inflamed with desire to save  
them, O Heart of Jesus, zealous Lover of souls!**

The more pride and sensuality tend to destroy abnegation  
and love of duty,

**the more generous we will be in overcoming  
ourselves, O Heart of Jesus!**

The more forcefully the portals of hell storm against  
Your Church,

**with so much more fidelity will we cling to her,  
O faithful Heart of Jesus!**

The more the world resists the infallible authority of the  
Pope,

**so much the more will we listen to and be guided  
by him in childlike faith and humble  
submission, O Heart of Jesus, everlasting  
wisdom!**

The more people separate themselves from each other in  
self-seeking,

**with so much greater devotion will we love each  
other as true members of the same family of  
God, O loving Heart of Jesus!**

Let us pray:

O Sacred Heart of Jesus, Heart of our God, give us  
Your grace and make it so strong in us that we will, as  
faithful children of Your Church, be Your apostles in the  
center of the world and Your crown for all eternity.  
Amen.

**Consecration of the Human Race  
to the Sacred Heart of Jesus**

*Issued on October 17, 1925, by His Holiness Pope Pius XI,  
for the annual consecration of the human race to the Sacred Heart  
on the feast of Our Lord Jesus Christ, King.*

Most sweet Jesus, Redeemer of the human race, look down upon us, humbly prostrate before Your altar. We are Yours and Yours we wish to be; but to be more surely united with You, behold each one of us freely consecrates himself today to Your most Sacred Heart. Many indeed have never known You; many, too, despising Your precepts, have rejected You. Have mercy on them all, most merciful Jesus, and draw them to Your Sacred Heart.

Be King, O Lord, not only of the faithful who have never forsaken You, but also of the prodigal children who have abandoned You; grant that they may quickly return to their Father's house, lest they die of wretchedness and hunger.

Be King of those who are deceived by erroneous opinions or whom discord keeps aloof, and call them back to the harbor of truth and unity of faith, so that soon there may be but one flock and one Shepherd.

Grant, O Lord, to Your Church assurance of freedom and immunity from harm; give peace and order to all nations, and make the earth resound from pole to pole with one cry: Praise to the Divine Heart that wrought our salvation; to It be glory and honor forever. Amen.

### **Act of Expiation to the Sacred Heart of Jesus**

*Published with the Encyclical Miserentissimus Redemptor,  
May 8, 1928, by His Holiness Pope Pius XI, and  
ordered to be solemnly recited each year on the feast of the Sacred Heart.*

O sweet Jesus, Whose overflowing charity for men is requited by so much forgetfulness, negligence and contempt, behold us prostrate before Your altar, eager to repair by a special act of homage the cruel indifference and injuries to which Your loving Heart is everywhere subject.

Mindful alas! that we ourselves have had a share in such great indignities, which we now deplore from the depths of our hearts, we humbly ask Your pardon and declare our readiness to atone by voluntary expiation not only for our own personal offences, but also for the sins of those, who, straying far from the path of salvation, refuse in their obstinate infidelity to follow You, their Shepherd and Leader, or, renouncing the vows of their baptism, have cast off the sweet yoke of Your law.

We are now resolved to expiate each and every deplorable outrage committed against You; we are determined to make amends for the manifold offences against Christian modesty in unbecoming dress and behavior, for all the foul seductions laid to ensnare the feet of the innocent, for the frequent violation of Sundays and holy days, and the shocking blasphemies uttered against You and Your saints. We wish also to make amends for the insults to which Your Vicar on earth and Your priests are subjected, for the profanation, by conscious neglect or terrible acts of sacrilege, of the very Sacrament of Your divine love; and lastly for the public crimes of nations who resist the rights and the

teaching authority of the Church which You have founded.

Would, O divine Jesus, we were able to wash away such abominations with our blood. We now offer, in reparation for these violations of Your divine honor, the satisfaction You did once make to Your eternal Father on the cross and which You continue to renew daily on our altars; we offer it in union with the acts of atonement of Your Virgin Mother and all the saints and of the pious faithful on earth; and we sincerely promise to make recompense, as far as we can with the help of Your grace, for all neglect of Your great love and for the sins we and others have committed in the past. Henceforth we will live a life of unwavering faith, of purity of conduct, of perfect observance of the precepts of the gospel and especially that of charity. We promise to the best of our power to prevent others from offending You and to bring as many as possible to follow You.

O loving Jesus, though the intercession of the Blessed Virgin Mary our model in reparation, deign to receive the voluntary offering we make of this act of expiation; and by the crowning gift of perseverance keep us faithful unto death in our duty and the allegiance we owe to You, so that we may all one day come to that happy home, where You with the Father and the Holy Spirit live and reign God, world without end. Amen.

### **Act of Reparation to the Sacred Heart of Jesus**

*adapted from a Prayer by St. Margaret Mary Alacoque*

O Sacred Heart, You merit the reverence and love of all hearts which You have cherished, loved and infinitely favored, and yet You receive from the greater number nothing but ingratitude and coldness, and especially from my own heart which merits Your just indignation. But Your Heart is all full of goodness and mercy, and of this I wish to avail myself to obtain reconciliation and pardon.

O Heart most meek, if the sorrow and shame of a heart that recognizes its error can satisfy You, pardon this heart of mine for it is sorry for its infidelity and ashamed of the little care which it has taken to please You by its love. O Heart of my God, Heart most holy, Heart to Whom it belongs alone to pardon sinners, do You in Your mercy pardon this poor, miserable heart of mine. It gathers together all its strength in deep humility to make You amends and honorable reparation.

O adorable Heart, how could I treat You thus, and withdraw from the Heart of my Jesus, Who without needing me has first loved and sought me?

O Heart of my Jesus, reform my faithless heart, grant that henceforth it may bind itself to Your love by its own, and that it may approach You as much in the future as it has wandered away from You in the past. Amen.



### **Offering to the Eternal Father**

*by St. Margaret Mary Alacoque*

O Eternal Father, permit me to offer to You the Heart of Jesus Christ, Your well-beloved Son, as He offers Himself to You in sacrifice. Graciously receive this offering on my behalf and receive all the desires, sentiments, and affections, all the movements and acts of this Sacred Heart. They are all mine, since He immolates Himself for me, and since I intend to have no other desires henceforth but His. Receive them in satisfaction for my sins, and in thanksgiving for all His benefits. Graciously receive, then, all the merits of the Sacred Heart of Your Divine Son which I offer, and grant me in return all the graces of which I stand in need, especially the grace of final perseverance. Receive them as so many acts of love, adoration and praise which I offer to Your Divine Majesty, since it is by Your Divine Son alone that You are worthily honored and glorified. Amen.

### **Prayer to the Most Sacred Heart of Jesus**

O Most Sacred Heart of Jesus, pour down Your blessings abundantly upon Your Church, upon the Supreme Pontiff, and upon all the clergy; give perseverance to the just; convert sinners; enlighten unbelievers; bless our parents, friends, and benefactors; help the dying; free the souls in purgatory; and extend over all hearts the sweet empire of Your love. Amen.

### **Thanksgiving Novena**

*December 28 - January 5*

*“...as desired by Mother Foundress, we make a Novena of Thanksgiving for the recommendation received in 1897 from Cardinal Parocchi and for all the graces and blessings we have received throughout the past year.”*

*(Directory 11 G)*

“...we sing Holy God and pray one Our Father, Hail Mary, with invocations -  
Most Blessed Trinity, we thank You;  
Our Lady of Mount Carmel, we thank you;  
St. Father Joseph, we thank you;  
St. Mother Teresa, we thank you;  
Blessed Maria Teresa, we thank you;  
All Saints of Carmel, we thank you.”

*(General Chapter 2006)*

### **Novena to St. Father Joseph**

*10th - 18th of each month*

*“...before the 19th of each month, on which day we pray the Litany of St. Joseph. During the month of March we say daily a prayer to St. Joseph, omitting the novena.”*

*(Directory 11 G)*

## **Prayers to St. Father Joseph**

### **With Loving Hearts We to Thee Call**

With loving hearts we to thee call,  
St. Joseph, we thy children all.  
Thou hast been in every need  
A faithful friend to us indeed.  
Once more, dear father, hear our plea,  
And from all dangers keep us free.  
    Thou canst help us,  
    Thou hast helped us,  
    Thou wilt help us.  
Help us from thy throne on high,  
Do not despise thy children's cry.  
We know that trust in man is vain,  
And so we come to thee again.  
Dear, dear St. Joseph, lend an ear  
To thy children gathered here,  
For "Father of Mercy" we thee call;  
A friend in need art to us all. Amen.

### **Saint Joseph, Faithful Spouse of Mary**

Saint Joseph, faithful spouse of Mary, we come to you  
with confidence to place the interior life of our  
community under your protection. While upon earth you  
did seek nothing else than the honor of God. Entirely  
devoted to the Savior, it was your delight to keep silence,  
to pray, to sacrifice, to labor, to endure and to love. You  
were practically unknown to men, therefore the better  
known to Jesus. His eyes rested with pleasure on the

hidden and simple life that was a spectacle to God and to the angels.

Good Saint Joseph, as you did so often assist us in temporal needs, we pray you now to aid us in the spiritual necessities of our souls. We dedicate to your care our entire religious life. Change our convent into an abode of union with God, and obtain for each Sister who dwells herein a true interior life.

Help us, even though we are engaged in many occupations, to live in the presence of God, to combat our evil inclinations, to practice virtue, and to value prayer above all else, that united in sisterly love we may lead a good religious life.

Saint Joseph, by that charity wherewith you were united to Jesus and to Mary, we implore you, obtain for us such recollectedness as you did practice, and did keep in your heart as a precious secret and a fountain of strength and consolation to the end of your days. We do not doubt the fact that we cannot be happy in religion unless we live an interior life.

So come then to our aid, Saint Joseph, and provide for us as a father for his children, that we may become true imitators of our Lord, and that our convent may become another house of Nazareth, where angels dwell and peace reigns.

Finally, having lived as good religious according to your example and under your protection, we cherish the hope to share in the peace of your happy death. Amen.

### **O Glorious St. Joseph**

O glorious St. Joseph, we appeal to you through the most Sacred Heart of Jesus: dearly beloved spouse of the Virgin Mary, Mother of God; foster-father of Jesus Christ our Lord; last in the line of the patriarchs; great in humility, firm in faith, hope, and charity; zealous in the practice of good works and anxious for the salvation of all; eminent in contemplation, stainless in chastity, and fit companion of the Mother of God, your Virgin spouse in the perfection of all virtues.

Pray for us, and all those near and dear to us, especially for the members of our Order, that their number may increase and that they may advance in the spirit of our Order and become more fervent and strong in virtue, and that the servants of God may become more numerous and pleasing to Him. Amen.

### **Vocation Prayer to St. Joseph**

St. Joseph, foster-father of Christ, intercede with your Son to help us become more like Him and to renew our dedication to the religious life.

May He teach us respect and love for all the members of our community and for those whom we serve. May He, through your intercession, enable us to strengthen the vocations now in our religious family and to encourage others to follow the evangelical counsels as His devoted servants. Amen.

### **Prayer to St. Joseph**

*Ordered by Pope Leo XIII*

*to be said as part of the Devotions for the Month of October.*

*To be prayed especially after the Rosary.*

We come to you, O blessed Joseph, in our sore distress. Having sought the aid of your most blessed spouse, we now confidently implore your assistance also. We humbly beg that, mindful of the dutiful affection which bound you to the Immaculate Virgin Mother of God, and of the fatherly love with which you did cherish the Child Jesus, you will lovingly watch over the heritage which Jesus Christ purchased with His blood, and by your powerful intercession help us in our urgent need. Most powerful guardian of the Holy Family, protect the chosen race of Jesus Christ; drive far from us, most loving father, every pest of error and corrupting sin. From your place in heaven, most powerful protector, graciously come to our aid in this conflict with the powers of darkness, and as of old you did deliver the Child Jesus from supreme peril of life, so now defend the holy Church of God from the snares of her enemies and from all adversity. Have each of us always in your keeping, that, following your example, and borne up by your strength, we may be able to live holily, die happily, and so enter the everlasting bliss of heaven. Amen.

### **Triduum in Honor of the Incarnation of Christ**

*22nd - 24th of each month*

Help us, like Mary, to accept with faith and gratitude the grace of the Incarnation of Your Son Jesus Christ.

Fill us with love and gratefulness as we commemorate Your Holy Incarnation of the Virgin Mary. Permit us, adoring, to contemplate this mystery of our faith.

*On "the 25th of each month...we pray the Litany of the Blessed Virgin."*

*(Directory 11G)*

### **Prayer to the Infant Jesus of Prague**

Jesus, unto Thee I flee,  
through Thy Mother praying Thee  
in my need to succor me.  
Truly I believe of Thee,  
God Thou art with strength to shield me.

Full of trust, I hope in Thee,  
Thou Thy grace wilt give to me.  
All my heart I give to Thee.  
Therefore, of my sins repent me.  
From them breaking, I beseech Thee,  
Jesus, from their bonds to free me.

Firm my purpose is to mend me;  
nevermore will I grieve Thee.  
Wholly unto Thee I give me,  
patiently to suffer for Thee,

Thee to serve eternally;  
and my neighbor like to me  
I will love for love of Thee.

Little Jesus, I beseech Thee,  
in my need, to succor me,  
that one day I may enjoy Thee,  
safe with Joseph and with Mary,  
and angels all, eternally. Amen.

### **Novena to Our Lady of Mount Carmel**

*July 7-15*

Gracious God, You have placed the Order of Mount Carmel under the special protection of the Most Blessed Virgin Mary, Mother of God. Guide us under her protection to the Mount of Glory.

Gracious God, hear the prayers of the praiseworthy Virgin Mary, the Mother and Queen of Carmel, and come to help us with Your grace. Guide us under her protection to the Mount of Glory.

### **Flos Carmeli**

Immaculate Virgin and Queen of Carmel, you are the hope of the suffering, the consolation of the afflicted, our aid in tribulations, our light in difficulties, our strength in temptations, and our solace in every pain. I, your child, have recourse to you. Dearest Mother, look not upon my sins, but remember only that I am a poor soul redeemed by the Precious Blood of your Son, and that my heart is



sealed with your holy Scapular. O my sweet Mother,  
have pity on me, for you are the only refuge of sinners!  
Hear my prayers, which I offer with all confidence to  
your Immaculate Heart, and if it be for the glory of God,  
for your honor, and the salvation of my soul, grant what  
I ask in this Novena (mention your petition). Amen.

Flower of Carmel,  
Blossoming Vine,  
Splendor of Heaven,  
Mother Divine,  
None like to you,  
Mother of our King,  
Peerless and fair,  
To your children of Carmel,  
Favors grant ever,  
Star of the Sea.

### **Triduum in Honor of the Holy Prophet, St. Elias**

*July 17-19*

Almighty Father, You did grant to the Holy Prophet  
Elias to live before Your face and to behold the face of  
Your Transfigured Son. Help us, who desire ever to live  
before Your face, to be witnesses of Your love.

### **Triduum in Honor of St. Therese of the Child Jesus**

*September 28-30*

O God, You call to Yourself those who do not depend on themselves, but hope for all from You.

Guide us in the way of humility and spiritual childhood which You did reveal to St. Therese. Through her intercession, perfect our lives, also, in Your glory and let us behold Your face.

Lord, You have said: Unless you become like little children, you will not enter the Kingdom of Heaven.

Grant, we beseech You, that in humility and simplicity of heart we may follow faithfully in the footsteps of the holy virgin Therese and so attain the eternal reward.

### **Prayer to St. Therese of the Child Jesus**

O sweet Little Flower, who have reached the highest degree of sanctity by your fidelity to the grace of God, obtain for us that kind, strong, and gracious charity which made you walk swiftly the way of the commandments of God. Help us to understand and fulfill the obligation of sisterly charity as perfectly as you have done, in order that we may love one another as Jesus loved us. Teach us to seek Him in the simplicity of our hearts. Deign to illuminate our souls with the bright rays of divine truth, that we may not be deceived by illusion. In particular, O little St. Therese, kindly obtain for us the grace to understand how little we are capable of any good without help from above. To deserve this help, obtain for us true humility which draws down on us the merciful love of God.

To you, our heavenly mistress, we dedicate ourselves without reserve. Teach us the way of sanctification not only for our own salvation, but also for the Church and the great number of souls whom we intend to save by our charity and concealed sacrifices. Amen.

### **Novena to St. Mother Teresa of Jesus**

*October 6-14*

Almighty God, through Your Spirit, You did inspire St. Teresa of Jesus and give her to the Church as a teacher in the Way of Perfection.

Grant that we may find nourishment for our spiritual life in her writings. Penetrate us with the certainty that You alone are sufficient, and enkindle in us the desire for holiness.

### **Prayers to St. Mother Teresa of Jesus**

#### **Prayer to St. Teresa**

*by St. Alphonsus Liguori*

O Saint Teresa, seraphic Virgin, beloved spouse of your crucified Lord, you who on earth did burn with a love so intense toward your God and my God, and now do glow with a brighter and purer flame in paradise: obtain for me also, I beseech you, a spark of that same holy fire which shall cause me to forget the world, all things created, and even myself; for you did ever greatly desire to see Him loved by all men. Grant that my every

thought and desire and affection may be continually employed in doing the will of God, the supreme Good, whether I am in joy or in pain, for He is worthy to be loved and obeyed everlastingly. Obtain for me this grace, you who are so powerful with God; may I be all on fire, like you, with the holy love of God. Amen.

### **Prayer to St. Teresa of Jesus**

Holy St. Teresa, most pure virgin, by that extraordinary favor which almighty God conferred on you in preserving you from the snares of the devil during your stay in this life, I most humbly beseech you to obtain for me by your prayers the grace of doing true and solid penance for all my sins, and never offending the Divine Majesty during the remainder of my life, through Christ Jesus our Lord. Amen.

O blessed Teresa, faithful teacher of the art of loving God above all things, by that abundance of celestial light with which His Divine Majesty filled your happy mind, obtain for us through your powerful intercession that we may imitate your virtues. Pray for us I beseech you, O glorious Teresa, and as you had a sincere love of Jesus, and Jesus always loved you, obtain for us the incomparable advantage of living faithful to Jesus and dying in His divine love. Obtain for me also great saint... (special request). Teresa of Jesus, hear and help us. Amen.

### **Prayer to the Seraphic St. Teresa**

O seraphic and admirable St. Teresa, blessed by the Lord with an abundance of celestial light, obtain, I beseech you, through your powerful intercession, the grace for me that I may turn away my love from earthly vanity and direct it wholly to the Heart of your divine Master, deriving from it strength and perseverance to imitate the virtues that you practiced during life.

O blessed Teresa, faithful teacher of the art of loving God above all things, teach me humility, obedience, purity, and a fervent zeal for the glory of God and the salvation of souls.

St. Teresa, gifted with ecstatic contemplation, pray for me, that I may regulate my life in conformity with the precepts of my holy religion, and after a happy death may be admitted to behold our Lord face to face and to enjoy eternal happiness. Amen.

### **Novena to St. Father Francis Xavier**

*November 24 - December 2*

O God, You who are the salvation of all men, through the work of St. Francis Xavier, You have shown us the way to You.

Awaken in Your faithful a sense for mission work, and grant them zeal for the spread of the faith, that the Church everywhere in the world may grow and be strengthened.

### **Prayers to St. Father Francis Xavier**

O Francis Xavier, missionary of joy and apostle of the Gospel, first companion of Ignatius, and a voice that proclaimed the way of the Lord, you did not choose riches and honors but preferred to follow Christ, poor and humble. Instead of merely communicating your own thoughts, you gave witness to the wisdom of the cross. You did not promise worldly happiness, but invited all to seek the joy of heaven.

Tireless messenger of the Gospel, you announced to the farthest ends of the earth the Name that saves.

Tenacious advocate of justice, you planted in human hearts the law of love. Intimately united with the Divine Mysteries, you called your contemporaries to true life.

Having put on the mind of Christ, you became a sign of forgiveness and of mercy for many.

Having fought the good fight, you now share with Ignatius and all the Jesuits in heaven the glory of the Lord whom you praised, revered and served under the banner of the cross.

O faithful disciple of God's Kingdom, intercede for me before the Lord that He may accept my humble prayer:

“O God, eternal Lord of all things, You created man in Your image and likeness and so loved the world that You gave Your only begotten Son so that whoever believes in Him might have eternal life. Grant that, in imitation of St. Francis Xavier, who carried the good news of salvation to many peoples, I may courageously proclaim Your Word and be the salt of the earth and light of the world.

“Sustained by the strength of Your Spirit, may my life be rooted and grounded in my baptism, that Your Father's

love be better known, that all may abandon the lures of this world and participate in the mystery of the Redemption, in the certain hope of receiving the good things to come.”

This I ask in the Name of Jesus Christ our Lord. Amen.

or:

O Saint Francis Xavier, well beloved and full of charity, in union with you I reverently adore the divine Majesty. While joyfully giving thanks to God for the singular gifts of grace bestowed upon you during your life and your glory after death, I beseech you with all my heart's devotion to be pleased to obtain for me, by your powerful intercession, the greatest of all blessings: the grace of living a holy life and dying a holy death. Moreover, I beg of you to obtain for me (here mention the spiritual or temporal favor you wish to receive). But if what I humbly ask of you does not tend to the glory of God and the greater good of my soul, obtain for me, I pray, what is more conducive to both. Amen.

or:

Lord God, by the preaching of St. Francis Xavier, You brought many nations to Yourself. Give his zeal for the faith to all who believe in You, that Your Church may rejoice in continued growth throughout the world. May this prayer fill us with the same love that inspired Francis Xavier to work for the salvation of souls. Help us to live our religious vocation and to inherit the promise of eternal life. We ask this in the Name of Jesus the Lord. Amen.

## **Novena to the Immaculate Conception**

*November 29 - December 7*

### **Tota Pulchra Es**

*by St. Bonaventure*

All fair are you, O Mary.

**All fair are you, O Mary.**

The original stain is not in you.

**The original stain is not in you.**

You are the glory of Jerusalem.

**You are the joy of Israel.**

You are the honor of our people.

**You are the advocate of sinners.**

O Mary!

**O Mary!**

Virgin most prudent.

**Mother most tender.**

Pray for us.

**Intercede for us with our Lord Jesus Christ.**

In your Conception, holy Virgin, you were Immaculate.

**Pray for us to the Father, Whose Son was born of you.**

Let us pray:

O God, Who by the Immaculate Conception of the Virgin prepared a worthy dwelling place for Your Son, we beseech You that You who preserved her from all stain of sin by the foreseen death of that Son, would grant to us also to be purified through her intercession and so attain unto You. Through the same Christ our Lord. Amen.



### **Triduum in Honor of St. John of the Cross**

*December 11-13*

Holy God, You have given St. John of the Cross to Your people as a teacher of the spiritual life.

Permit us, following the example and teaching of our father, to walk in the way of faith, hope, and love, and so attain the freedom of the children of God.

### **Christmas Novena**

*December 16-24*

Hail and blessed be the hour and moment in which the Son of God was born of the most pure Virgin Mary, at midnight in Bethlehem in piercing cold. In that hour, vouchsafe, O my God, to hear my prayer and grant my desires, through the merits of our Savior Jesus Christ and of His blessed Mother. Amen.

### **Good Night Hymn to Jesus**

Jesus dear, the day is over;  
Now I leave my labor light,  
And before I seek my slumber,  
Come to say a sweet good night.

Would that I might tarry near Thee,  
Rest before Thy lonely shrine;  
Thou wouldst whisper loving secrets,  
and I'd tell Thee all of mine.

But I cannot linger, Jesus;  
I must leave Thee for a while.

Now bestow on me a blessing  
And a fond approving smile.  
I will leave my heart beside Thee;  
It will rest securest there,  
And within Thy fond embraces,  
It will grow to Thee more dear.  
So, good night, once more, my Jesus,  
Grant, no matter where I be,  
All my day thoughts and night dreamings  
Be of Thee, and only Thee.  
All my day thoughts and night dreamings  
Be of Thee, and only Thee.

### **Prayer for Priests**

*adapted from "Prayer for a Priest" by John Joseph Cardinal Carberry*

O Jesus, our great High Priest, hear my humble prayers  
on behalf of Your priests. Give them a deep faith, a  
bright and firm hope, and a burning love, which will ever  
increase in the course of their priestly life.

In their loneliness, comfort them. In their sorrows,  
strengthen them. In their frustrations, point out to them  
that it is through suffering that the soul is purified, and  
show them that they are needed by the Church, they are  
needed by souls, they are needed for the work of  
redemption.

O loving Mother Mary, Mother of Priests, take to your  
heart your sons who are close to you because of their

priestly ordination, and because of the power which they have received to carry on the work of Christ in a world which needs them so much. Be their comfort, be their joy, be their strength, and especially help them to live and to defend the ideals of consecrated celibacy. Amen.

### **Prayer for Priests**

O Almighty and Eternal God, look upon the Face of Your Christ, and for love of Him Who is the eternal High Priest, have pity on Your priests. Remember, O most compassionate God, that they are but weak and frail human beings. Stir up in them the grace of their vocation which is in them by the imposition of the Bishop's hands. Keep them close to You, lest the enemy prevail against them, so that they may never do anything in the slightest degree unworthy of their sublime vocation.

O Jesus, I pray You for Your faithful and fervent priests; for Your unfaithful and tepid priests; for Your priests laboring at home or abroad in distant mission fields; for Your tempted priests; for Your lonely and desolate priests; for Your young priests; for Your aged priests; for Your sick priests; for Your dying priests; for the souls of Your priests in Purgatory.

But above all I commend to You the priests dearest to me: the priest who baptized me; the priests at whose Masses I assisted and who gave me Your Body and Blood in Holy Communion; the priests who taught and instructed or helped me and encouraged me; all the priests to whom I am indebted in any other way, particularly.... O Jesus, keep them all close to Your heart,

and bless them abundantly in time and in eternity. Amen.

Mary, Queen of the clergy, pray for us; obtain for us many and holy priests. Amen.

### **Jesus, Eternal Priest**

O Jesus, Eternal Priest, look down with love upon Your priests. Fill them with burning zeal for the conversion of sinners. Keep them within the shelter of Your Sacred Heart. Keep unstained their anointed hands, which daily touch Your Sacred Body. Keep unsullied their lips, purpled with Your precious Blood. Keep pure and unearthly their hearts, sealed with the sublime marks of Your glorious Priesthood. Let Your holy love protect them from the world's contagion. Bless their labors with abundant fruit, and may the souls to whom they minister on earth be one day their joy and consolation in heaven. Amen.

### **Prayer for Vocations**

Lord Jesus Christ, Savior of the world, show forth, we beseech Thee, in Your Church the Holy Spirit with whose power the apostles were so abundantly filled. We thank You for the blessings bestowed upon the work of priests and religious; and we pray that You will add to the number of those who now pray, labor, and sacrifice themselves for Your glory and the salvation of souls. Give them unselfish zeal for Your glory. O good Jesus, give us more priests and religious after Your own Heart! Amen.

## Prayers to Mary

### Hail, Holy Queen

Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn, then, most gracious advocate, thine eyes of mercy towards us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us, O holy Mother of God,  
**that we may be made worthy of the promises of Christ.**

### We Fly to Thy Patronage

We fly to thy patronage, O holy Mother of God! Despise not our petitions in our necessities, but deliver us from all dangers, O ever glorious and blessed Virgin. Our Lady, our Mediatrix, our Advocate! Reconcile us to thy Son, commend us to thy Son, present us to thy Son.

Pray for us, O holy Mother of God,  
**that we may be made worthy of the promises of Christ.**

### **Memorare**

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided. Inspired with this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

### **The Rosary**

#### **The Joyful Mysteries**

*Monday & Saturday*

1. Annunciation
2. Visitation
3. Nativity
4. Presentation
5. Finding in the Temple

#### **The Luminous Mysteries**

*Thursday*

1. Baptism
2. Wedding at Cana
3. Proclamation of the Kingdom
4. Transfiguration
5. Institution of the Holy Eucharist

### **The Sorrowful Mysteries**

*Tuesday & Friday*

1. Agony in the Garden
2. Scourging at the Pillar
3. Crowning with Thorns
4. Carrying of the Cross
5. Crucifixion

### **The Glorious Mysteries**

*Sunday & Wednesday*

1. Resurrection
2. Ascension
3. Descent of the Holy Spirit
4. Assumption
5. Coronation

### **Fatima Invocation**

O my Jesus, forgive us our sins, save us from the fires of Hell. Lead all souls to heaven, especially those most in need of Thy mercy.

## The Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ His only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; the third day He arose again from the dead; He ascended into heaven, and sits at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Credo in Deum, Patrem omnipotentem, Creatorem cœli et terræ. Et in Jesum Christum, Filium ejus unicum, Dñm nostrum, qui conceptus est de Sp̃ritu Sancto, natus ex Maríá Virgine, passus sub Póntio Piláto, crucifixus, mórtuus, et sepúltus; descendit ad ínferos; tértia die resurrexit a mórtuis, ascendit ad cœlos, sedet ad dexteram Dei Patris omnipotentis; inde ventúrus est judicáre vivos et mórtuos.

Credo in Sp̃ritum Sanctum, sanctam Eccl̃siam Cathólicam, sanctorum communionem, remissionem peccatorum, carnis resurrectionem, vitam ætérnam. Amen.



### The Lord's Prayer

Our Father, Who art in  
heaven, hallowed be Thy  
name; Thy kingdom  
come; Thy will be done  
on earth as it is in heaven.

Give us this day our daily  
bread; and forgive us our  
trespasses, as we forgive  
those who trespass  
against us; and lead us  
not into temptation, but  
deliver us from evil.  
Amen.

Pater noster, qui es in  
cœlis, sanctificetur nomen  
tuum; advéniat regnum  
tuum; fiat volúntas tua  
sicut in cœlo et in terra.

Panem nostrum  
quotidiánum da nobis  
hódie; et dimítte nobis  
débita nostra, sicut et nos  
dimittimus debitóribus  
nostris; et ne nos indúcas  
in tentatiónem, sed libera  
nos a malo. Amen.

### Hail Mary

Hail Mary, full of grace,  
the Lord is with thee;  
blessed art thou amongst  
women, and blessed is  
the fruit of thy womb,  
Jesus.

Holy Mary, Mother of  
God, pray for us sinners,  
now and at the hour of  
our death. Amen.

Ave María, grátia plena,  
Dóminus tecum;  
benedícta tu in  
muliéribus, et benedíctus  
fructus ventris tui, Jesus.

Sancta María, Mater Dei,  
ora pro nobis  
peccatóribus, nunc et in  
hora mortis nostræ.  
Amen.

### Glory be to the Father

Glory be to the Father,  
and to the Son, and to  
the Holy Spirit.

As it was in the  
beginning, is now, and  
ever shall be, world  
without end. Amen.

Gloria Patri, et Fílio, et  
Spíritui Sancto.

Sicut erat in princípio, et  
nunc, et semper, et in  
sæcula sæculórum.  
Amen.

### Angelus Domini

Angelus Dómini nuntiávit Mariæ.

**Et concépit de Spíritu Sancto.**

Ave María...

Ecce ancílla Dómini.

**Fiat mihi secúndum verbum tuum.**

Ave María...

ET VERBUM CARO FACTUM EST.

**Et habitávit in nobis.**

Ave María...

Ora pro nobis, sancta Dei Génitrix.

**Ut digni efficiámur promissionibus Christi.**

Orémus:

Grátiam tuam, quæsumus, Dómine, méntibus nostris  
infúnde, ut qui, angelo nuntiánte, Christi Fílii tui  
Incarnationem cognóvimus, per passiónem eius et  
crucem ad resurrectionis glóriam perducámur; per  
eúmdem Christum Dóminum nostrum. Amen.

### **Act of Faith**

O my God, I firmly believe that Thou art one God in three Divine Persons, Father, Son and Holy Spirit. I believe that Thy Divine Son became man and died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because Thou hast revealed them, Who can neither deceive nor be deceived.

### **Act of Hope**

O my God, relying on Thy almighty power and infinite mercy and promises, I hope to obtain pardon of my sins, the help of Thy grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

### **Act of Love**

O my God, I love Thee above all things, with my whole heart and soul, because Thou art all good and worthy of all love. I love my neighbor as myself for love of Thee. I forgive all who have injured me and ask pardon of all whom I have injured.

### **Act of Contrition**

O my God, I am heartily sorry for having offended Thee, and I detest all my sins, because of Thy just punishments, but most of all because they offend Thee, my God, Who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to sin no more and to avoid the near occasion of sin. Amen.

### Episcopal Blessing

Sit nomen Domini benedictum.

**Ex hoc nunc et usque in sæculum.**

Adjutorium nostrum in nomini Domini.

**Qui fecit cælum et terram.**

Blessed be the name of the Lord.

**Now and forever.**

Our help is in the name of the Lord.

**Who made heaven and earth.**

### Marian Antiphons

#### Ave Maria


*Pentecost until the end of Ordinary Time*

1. 

**A** -ve Ma-rí- a, \* grá-ti- a pléna, Dóminus técum,



benedícta tu in mu-li- é-ribus, et benedíctus frúctus vén-



tris tú- i, Jésus. Sáncta Ma-rí- a, Máter Dé- i, óra pro



nó-bis pecca-tóribus, nunc et in hó-ra mórtis nóstrae. Amen.

## Alma Redemptoris Mater

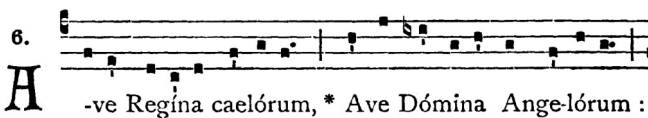
*Advent until the Feast of the Presentation*

5. **A** Alma \* Redemptó-ris Máter, quae pérvia caéli  
 pórtā mānes, Et stélla má-ris, succúrre cadénti súrge-  
 re qui cúrat pópu-lo : Tu quae genu-ísti, natúra mi-rán-  
 te, tú-um sánctum Geni-tó-rem : Vírgo pri-us ac posté-  
 ri-us, Gabri-élis ab óre súmens illud Ave, peccató-  
 rum mi-se-ré-re.

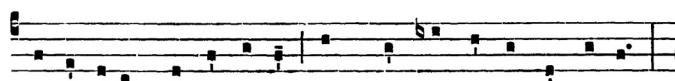
O loving Mother of our Redeemer,  
 gate of heaven, star of the sea,  
 Hasten to aid thy fallen people  
 who strive to rise once more.  
 Thou who brought forth thine holy Creator,  
 all creation wond'ring,  
 Yet remainest ever Virgin, taking from Gabriel's lips  
 that joyful "Hail!": be merciful to us sinners.

## Ave Regina Caelorum

*after the Feast of the Presentation until Holy Saturday*

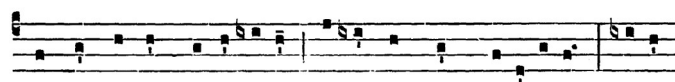


Hail, O Queen of Heaven. Hail, O Lady of Angels.

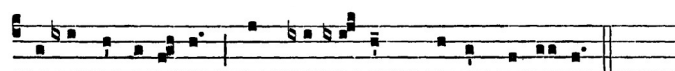


Sálve rádix, sálve pórtá, Ex qua mundo lux est órta :

Hail! thou root, hail! thou gate  
From whom unto the world, a light has arisen:



Gáude Vírgo glo-ri- ósa, Su-per ómnes spe-ci-ósa : Vále,  
Rejoice, O glorious Virgin, Lovely beyond all others, Hail,



o valde decó-ra, Et pro nó-bis Chrístum exó-ra.  
most beautiful maiden, And pray for us to Christ.

## Regina Cæli

*Easter Season*

6. 

**R** Egína caéli \* lætáre, alle-lú-ia : Qui- a quem me-



ru- isti portáre, alle-lú-ia : Resurréxit, sic-ut dixit, alle-



lú-ia : Ora pro nó-bis Dé-um, alle-lú- ia.

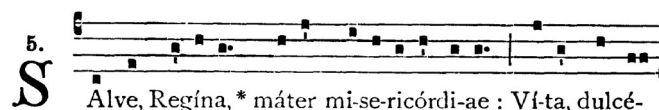
Gaude et lætáre, Virgo María, allelúia.

**Quia surréxit Dóminus vere, allelúia.**

Orémus:

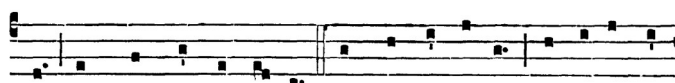
Deus, qui per resurrectionem Filii tui, Dómini nostri Jesu Christi, mundum lætificáre dignátus es, præsta, quæsumus, ut per ejus Genetrícem Vírginem Mariám perpétuæ capiámus gáudia vitæ, per eúmdem Christum Dóminum nostrum. Amen.

## Salve Regina



Alve, Regína, \* máter mi-se-ricórdi-ae : Vít-a, dulcé-

Mary, we greet thee, Mother and Queen all merciful:  
our life, our comfort,



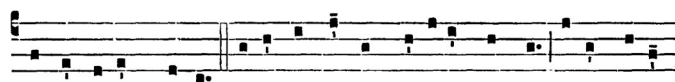
do, et spes nóstra, sálve. Ad te clamámus, éxsu-les, fí-

and our hope, we hail thee. To thee we exiles,  
children of Eve, lift our voices.



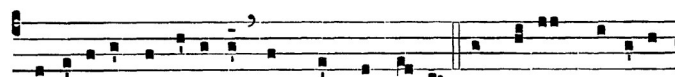
li- i Hévae. Ad te suspi-rámus, geméntes et fléntes in hac

To thee we send our sighs, while, morning and weeping,  
we pass through this vale of sorrow.



lacrímárum välle. E-ia ergo, Advocáta nóstra, illos tú-os

Haste, then, we pray, O our intercessor,



mi-se-ricórdes ócu-los ad nos convérte. Et Jésum, benedí-

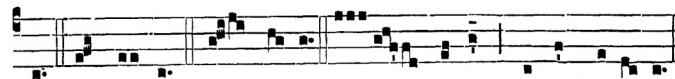
look with pity, with eyes of love and tenderness,  
upon us sinners.





ctum fructum venteris tu-i, nobis post hoc exsili-um ostén-

And Mother, when this earthly exile shall be ended,  
show us the Savior thou didst bear, thy Jesus.



de. O clé-mens: O pí- a: O dúlcis\* Vírgo Ma-rí- a.

O clement, O loving, O gracious Virgin Mary.

## Veni Creator Spiritus

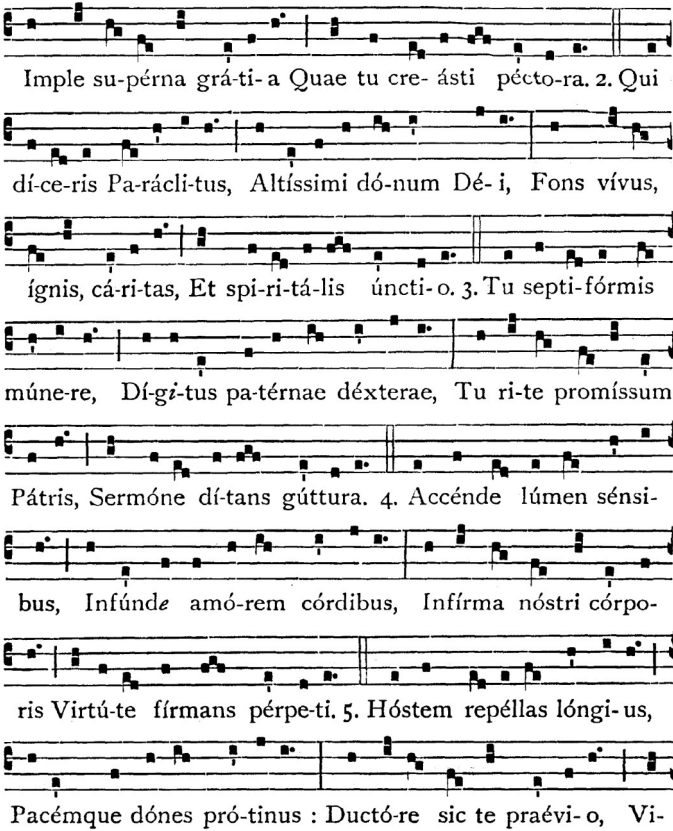
*"Every Monday we sing the Veni Creator...for the Church according to the intention of Mother Foundress." (Directory 11E)*

*All kneel for the first stanza of the following hymn.*

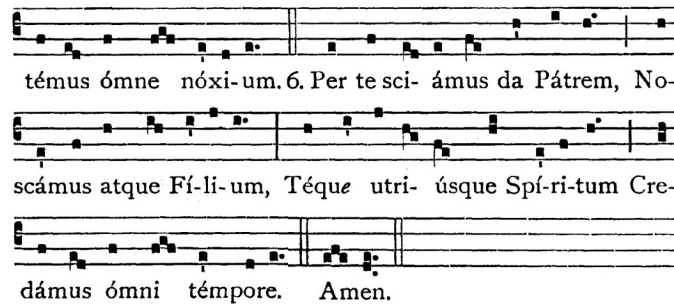
Hymn.

8.  
V

Eni Cre-á-tor Spí-ri-tus, Méntes tu-órum ví-si-ta :



Imple su-pérna grá-ti-a Quae tu cre-ásti péc-to-ra. 2. Qui dí-ce-ris Pa-rácli-tus, Altíssimi dó-num Dé-i, Fons vívus, ígnis, cá-ri-tas, Et spi-ri-tá-lis úncti-o. 3. Tu septi-fórmis múnere, Dí-gi-tus pa-térnae délixtrae, Tu ri-te promíssum Pátris, Sermóne dí-tans gúttura. 4. Accénde lúmen sénsi-bus, Infúnde amó-rem córdibus, Infírma nóstri córpo-ris Virtú-te fírman's pérpe-ti. 5. Hóstem repéllas lóngi-us, Pacémque dónes pró-tinus : Ductó-re sic te praévi-o, Vi-



Creator Spirit all divine,  
Come, visit ev'ry soul of Thine,  
And fill with Thy celestial flame  
The hearts which Thou Thyself didst frame.

O Gift of God, Thine is the sweet,  
Consoling name of Paraclete  
And spring of life and fire of love  
And unction flowing from above.

The mystic sev'nfold gifts are Thine,  
Finger of God's right hand divine,  
And Father's promise sent to teach  
The tongue a rich and heav'nly speech.

Kindle with fire brought from above  
Each sense, and fill our hearts with love,  
And grant our flesh, so weak and frail,  
The strength of Thine which cannot fail.

Drive far away our deadly foe,  
And grant us Thy true peace to know,  
So we led by Thy guidance still,  
May safely pass through ev'ry ill.

To us, through Thee, the grace be shown  
To know the Father and the Son,  
And Spirit of them both, may we  
Forever rest our faith in Thee. Amen.

## Te Deum

*“After the final common prayer in the evening...we sing or pray the Te Deum..., if it has not been prayed or sung in connection with the Office of Readings. As directed by our Mother Foundress, we thereby thank God for all the blessings of the day.” (Directory 11H)*

iii

**T** E De-um lau-dá-mus : • te Dómi-num confi-tē mur.

Te aetérnum Pa-trem omnis terra vene-rá-tur. Ti-bi omnes

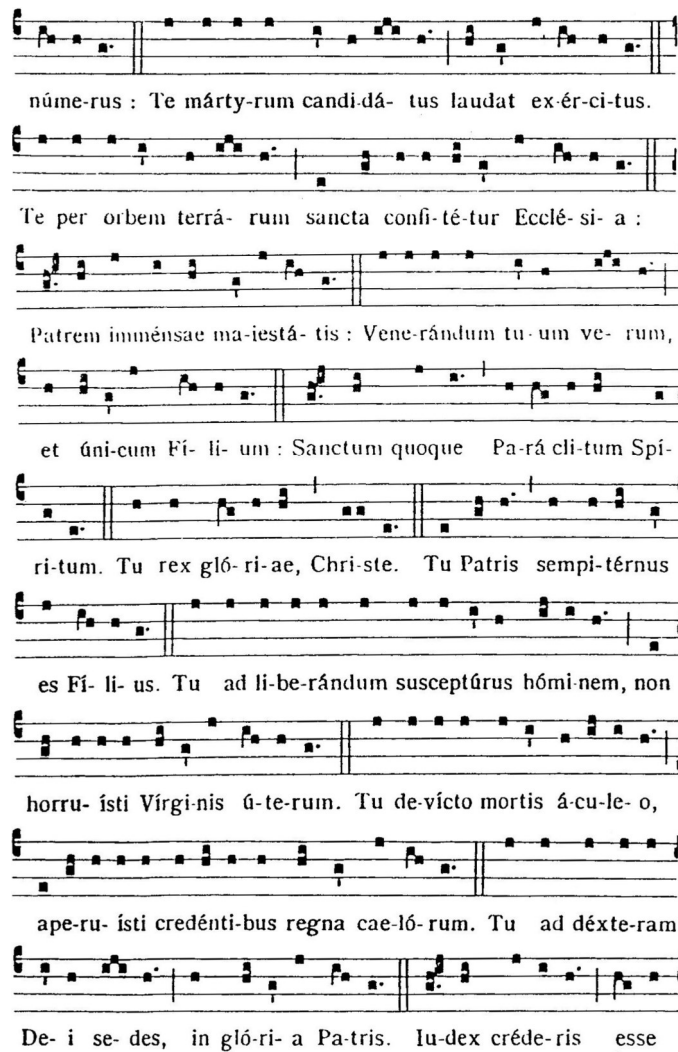
ánge-li, ti-bi cae-li et u-nivérsae pot-está-tes : Ti-bi ché-ru-

bim et sé-raphim incessá-bi-li vo-ce proclámant : San-ctus :

San-ctus : Sanctus Dómi-nus De-us Sá-ba-oth. Ple-ni sunt

cae-li et ter-ra ma-iestá-tis gló-ri-ae tu-ae. Te glo-ri-ó-

sus Aposto-ló-rum cho-rus : Te prophe-tá-rum laudá-bi-lis



núme-rus : Te márti-rum candi-dá- tus laudat ex-ér-ci-tus.

Te per orbem terrá- rum sancta confi-té-tur Ecclé-si-a :

Patrem imménsae ma-iestá- tis : Vene-rándum tu-um ve- rum,

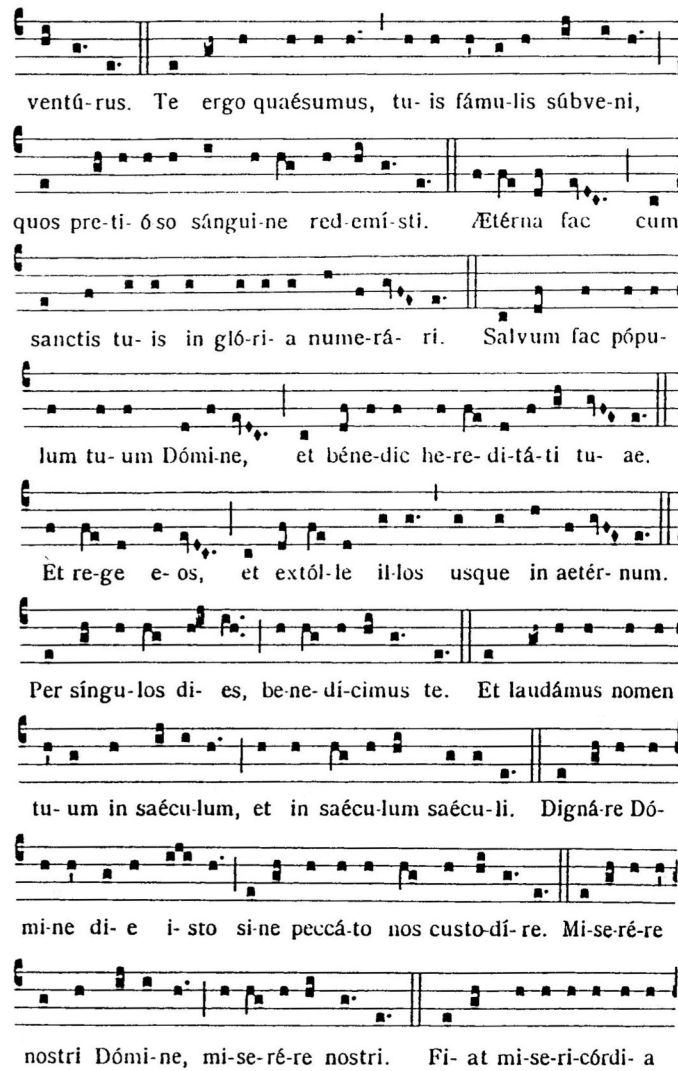
et úni-cum Fí- li- um : Sanctum quoque Pa-rá cli-tum Spí-  
ri-tum. Tu rex gló- ri-ae, Chri-ste. Tu Patris sempi-térnus

es Fí- li- us. Tu ad li-be-rándum susceptúrus hómi-nem, non

horru- ísti Vírgi-nis ú-te-rum. Tu de-vícto mortis á-cu-le-o,

ape-ru- ísti credénti-bus regna cae-ló- rum. Tu ad déxte-ram

De- i se- des, in gló- ri- a Pa-tris. Iu-dex créde- ris esse



ventú-rus. Te ergo quaésumus, tu- is fámu-lis súbve-ni,  
 quos pre-ti- ó so sángui-ne red-emí-sti. Ætérna fac cum  
 sanctis tu- is in gló-ri- a nume-rá- ri. Salvum fac pópu-  
 lum tu- um Dómi-ne, et béne-dic he-re- di- tá- ti tu- ae.  
 Et re-ge e- os, et extól-le il-los usque in aetér- num.  
 Per síngu-los di- es, be-ne- di- cimus te. Et laudámus nomen  
 tu- um in saécu-lum, et in saécu-lum saécu-li. Digná-re Dó-  
 mi-ne di- e i- sto si-ne peccá-to nos custo-dí-re. Mi-se-ré-re  
 nostri Dómi-ne, mi-se-ré-re nostri. Fi- at mi-se-ri-córdi- a

In te Dó-mi-ne spe-rá-vi : non confúndar in ae-tér-num.

## Index

<b>Act of Contrition</b> . . . . .	57
<b>Act of Faith</b> . . . . .	57
<b>Act of Hope</b> . . . . .	57
<b>Act of Love</b> . . . . .	57
<b>Angelus</b> (English) . . . . .	6
<b>Angelus</b> (Latin) . . . . .	56
<b>Apostles' Creed/Credo</b> . . . . .	54
<b>Blessed Mother Maria Teresa</b>	
Daily Prayer of Dear Mother . . . . .	1
God, We Thank You . . . . .	1
<b>Blessed Virgin Mary</b>	
All fair are you, O Mary (Tota Pulchra Es). . . . .	46
Angelus (English) . . . . .	6
Angelus (Latin) . . . . .	56
Flower of Carmel (Flos Carmeli) . . . . .	38
Hail, Holy Queen . . . . .	51
Hail Mary/Ave Maria . . . . .	55
Litany of the Blessed Virgin Mary . . . . .	13
Litany of the Sorrowful Mother . . . . .	18
Marian Antiphons	
Alma Redemptoris Mater . . . . .	59
Ave Maria . . . . .	58
Ave Regina Caelorum . . . . .	60
Regina Cæli . . . . .	61
Salve Regina . . . . .	62
Memorare . . . . .	52
Novena to the Immaculate Conception . . . . .	46
Novena to Our Lady of Mount Carmel . . . . .	38
Regina Cæli (English) . . . . .	7
Regina Cæli (Latin) . . . . .	61
Rosary . . . . .	52



We Fly to Thy Patronage (Sub Tuum) . . . . .	51
<b>Cor Dulce</b> . . . . .	2
<b>Episcopal Blessing</b> . . . . .	58
<b>Eternal Father</b> . . . . .	12
<b>Glory be to the Father/Gloria Patri</b> . . . . .	56
<b>Good Night Hymn to Jesus</b> . . . . .	47
<b>Holy Spirit</b>	
Come Holy Spirit . . . . .	9
Sequence of Pentecost . . . . .	8
Veni Creator Spiritus . . . . .	64
<b>Infant Jesus of Prague, Prayer to</b> . . . . .	37
<b>Litanies</b>	
Blessed Virgin Mary . . . . .	13
Precious Blood . . . . .	21
Sacred Heart . . . . .	4
St. Joseph . . . . .	16
Sorrowful Mother . . . . .	18
<b>Marian Antiphons</b>	
Alma Redemptoris Mater . . . . .	59
Ave Maria . . . . .	58
Ave Regina Caelorum . . . . .	60
Regina Cæli . . . . .	61
Salve Regina . . . . .	62
<b>Novenas and Triduums</b>	
Christmas . . . . .	47
Immaculate Conception . . . . .	46
Incarnation . . . . .	37
Our Lady of Mount Carmel . . . . .	38
Sacred Heart . . . . .	23
St. Elias . . . . .	39
St. Francis Xavier . . . . .	43
St. Joseph . . . . .	32
St. John of the Cross . . . . .	47

St. Teresa of Jesus . . . . .	41
St. Therese of the Child Jesus . . . . .	40
Thanksgiving . . . . .	32
<b>O God, our refuge and our strength</b> . . . . .	11
<b>O most merciful Jesus</b> . . . . .	7
<b>O my Jesus, forgive us our sins</b> . . . . .	53
<b>Our Father/Pater Noster</b> . . . . .	55
<b>Priests, Prayers for</b>	
Jesus Eternal Priest . . . . .	50
Prayer for Priests (Cardinal Carberry) . . . . .	48
Prayer for Priests . . . . .	49
<b>Regina Cæli</b> (English) . . . . .	7
<b>Regina Cæli</b> (Latin) . . . . .	61
<b>Sacred Heart of Jesus</b>	
Act of Atonement . . . . .	25
Act of Expiation . . . . .	28
Act of Reparation . . . . .	30
Act of Union . . . . .	23
Consecration of the Human Race . . . . .	27
Cor Dulce . . . . .	2
Litany . . . . .	4
Novena . . . . .	23
Offering to the Eternal Father . . . . .	31
Prayer to the Most Sacred Heart of Jesus . . . . .	31
<b>St. Francis Xavier</b>	
Novena . . . . .	43
Prayers . . . . .	44 ff.
<b>St. John of the Cross</b>	
Triduum . . . . .	47
<b>St. Joseph</b>	
Litany . . . . .	16
Novena . . . . .	32
O Glorious St. Joseph . . . . .	35

Prayer to St. Joseph . . . . .	36
Saint Joseph, Faithful Spouse of Mary . . . . .	33
Vocation Prayer to St. Joseph . . . . .	35
With Loving Hearts We to Thee Call . . . . .	33
<b>St. Michael the Archangel, Prayer to . . . . .</b>	<b>11</b>
<b>St. Teresa of Jesus</b>	
Novena . . . . .	41
Prayer to St. Teresa . . . . .	41
Prayer to St. Teresa of Jesus . . . . .	42
Prayer to the Seraphic St. Teresa . . . . .	43
<b>St. Therese of the Child Jesus</b>	
Prayer . . . . .	40
Triduum . . . . .	40
<b>Soul of Christ/Anima Christi . . . . .</b>	<b>10</b>
<b>Te Deum . . . . .</b>	<b>66</b>
<b>Veni Creator Spiritus . . . . .</b>	<b>64</b>
<b>Vocations, Prayer for . . . . .</b>	<b>50</b>

